

# Brave Little Sailors

Target Grade Level: Preschool-Kindergarten

Time for Lesson: 45 minutes

## Overview & Major Themes

In this lesson students read a story of bravery at sea and look closely at the uniform of *Constitution* sailors. They create a craft together of one of the uniform elements.

Objectives	Outcomes	Materials & Resources
<p>Students will understand that it took bravery to serve aboard <i>USS Constitution</i>.</p> <p>Students will understand that sailors wore uniforms that set them apart from ordinary people.</p>	<p>Students will listen while being read a story in order to gain an understanding of the difficult life that a sailor led and what types of clothing made up his or her uniform.</p> <p>Students will complete a craft in order to gain an understanding of what a sailor would wear as part of his or her uniform.</p>	<ul style="list-style-type: none"> <li>• Story book (these are suggestions, but any seafaring book that shows bravery could be used)               <ul style="list-style-type: none"> <li>◊ <i>When I Wore My Sailor Suit</i> by Uri Shulevitz</li> <li>◊ <i>My Sailor Dad</i> by Ross Mackenzie</li> <li>◊ <i>Sailor Sally</i> by Stella Gurney</li> <li>◊ <i>Burt Dow Deep-Water Man</i> by Robert McCloskey</li> </ul> </li> <li>• Picture of 1812 Uniforms (found below)</li> <li>• Captain's Hat craft supplies and instructions (found below)</li> </ul>

Time	Instructional Activity
15 min.	<p>Read your chosen story book aloud to the students. Lead them in a small discussion asking questions that lead the students to think about how difficult a sailor's life was out at sea.</p> <ul style="list-style-type: none"> <li>• Do you think a sailor's life was tough?</li> <li>• Would you like to be a sailor?</li> <li>• Do you think the sailor in the story was brave?</li> </ul> <p>The questions should be open-ended in nature.</p>
5 min.	<p>Ask students if they noticed any special clothing that the sailors were wearing. In the Navy, sailors have a particular uniform to wear. Back in 1812, the uniform of a sailor and the uniform of a captain looked like this (show them the uniforms below).</p>
25 min.	<p>Transition them into making a portion of the 1812 captain's uniform – the captain's hat. Lead them in craft project and let them proudly wear their hats! Directions for the hat can be found below.</p>

# Paper Officer's Hat

## Materials (per hat):

Black Construction paper (18" x 12") – 3 pieces

Yellow paper, cut down to 8" x 3"

Yellow ribbon or yarn.

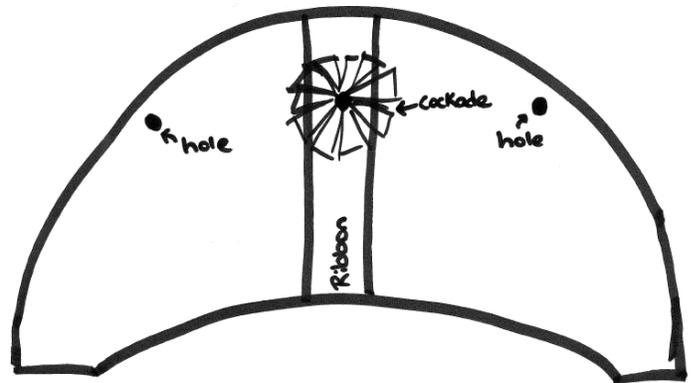
Scissors

Clear tape

Hole punch

Black string or yarn

Cardstock or cardboard to create a template



## Directions:

1. Cut one sheet of black construction paper in half so that you have two 18" strips.
2. Tape the two strips together to make a 36" strip.
3. Measure the strip around your head and tape it closed to fit comfortably and set aside.
4. Draw the image below onto a piece of cardstock or cardboard about 18" x 12" so that it is an appropriate size.
5. Trace and cut out two hat sides from the two pieces of black paper using the template.
6. Punch a hole in the hat sides, as indicated on the picture below.
7. To make a cockade to decorate the hat
  - a) Pleat the 8" x 3" piece of yellow paper folding it one way then the other, every  $\frac{1}{4}$  inch until it looks like an accordion.
  - b) Pinch the pleats together at the middle (4" down from the top) and fan out in both directions to form two half circles.
  - c) Tape the edges to form a full circle of pleated paper.
8. Cut the ribbon or yarn to the height of the black hat side.
9. Tape down the ribbon or yarn onto one of the hat sides from the top of the hat to the bottom.
10. Punch a hole in the center of the cockade. Layer the cockade on top of the ribbon or yarn and secure it to the hat using a metal brad.
11. Tape the sides of the hat to the round headpiece.
12. Thread the string or yarn through the holes and tie each side.