






Sailors Daily Routine at Sea

	Middle Watch 12-4 am	Morning Watch 4-8 am	Forenoon Watch 8-12 noon	Afternoon Watch 12-4 pm	First Dogwatch 4-6 pm	Last Dogwatch 6-8 pm	First Watch 8-12 pm
<p>First Lieutenant</p> 	On call: Sleep	Up at dawn; Supervise shipboard work, report progress to Captain.	Receive reports from subordinates that ship is clean and in proper order; 11:00 report to Captain when ready for inspection.	Dinner 1:00 Get purser's report about provisions.	4:30 Evening quarters! Call men to their battle stations for inspection and practice.	Evening quarters! Call men to their battle stations for inspection and practice.	On Call Sleep
<p>Midshipman (Starboard watch)</p> 	On call: Sleep	On Watch: Supervise stowage of hammocks Report to first lieutenant after breakfast.	Off Watch: Supervise cleaning of lower decks. Learn navigation; use a quadrant to measure the sun's angle at noon.	Dinner 1:00 On Watch: Learn naval tactics; write in journal; learn seamanship.	4:30 Attend evening quarters; Inspect men in division; help command one gun division.	Attend evening quarters; Inspect men in division; help command one gun division.	Off Watch: Sleep

<p>Seaman (Starboard watch)</p> 	<p>Off Watch: Sleep</p>	<p>On Watch: Scrub and dry decks, ladders, and hatches; Stow hammock.</p>	<p>Breakfast 8:00-8:30</p> <p>Mess cooks receive day's provisions; 8:30 All hands on deck for training.</p>	<p>Dinner 12:00-1:00</p> <p>On watch: Trim sails; perform routine maintenance.</p>	<p>Supper 4:00-4:30</p> <p>Attend evening quarters, practice sail or gun drill.</p>	<p>Attend evening quarters; practice sail or gun drill. Get hammock down. Mess cooks receive salt meat for tomorrow's dinner.</p>	<p>Off Watch: Sleep</p>
<p>Boy (Larboard Watch)</p> 	<p>On watch: Sleep on deck unless needed</p>	<p>Off Watch: Up at 7:30 Stow hammock</p>	<p>Breakfast 8:00-8:30</p> <p>On Watch: Carry messages for officers; Gather for inspection.</p>	<p>Dinner 12:00-1:00</p> <p>Off Watch: Mend clothes, sleep, play with friends.</p>	<p>Supper 4:00-4:30</p> <p>On watch: Attend evening quarters, carry officers' messages, sweep deck.</p>	<p>Practice at battle station: Practice Passing powder for one of the guns, get hammock down.</p>	<p>On Watch: Carry messages for officers.</p>
<p>Marine Private</p> 	<p>Off Watch: Sleep</p>	<p>On Watch: Wash deck; Stand guard.</p>	<p>Breakfast 8:00-8:30</p> <p>Mount guard on the quarterdeck 9:00 Parade; 10-11:00 Small arms practice.</p>	<p>Dinner 12:00-1:00</p>	<p>Supper 4:00-4:30</p> <p>Assemble for inspection and drill.</p>	<p>Assemble for inspection and drill; Stand guard.</p>	<p>Off Watch: Sleep</p>

Note: The two dog watches produce seven watches per day, ensuring that watch keepers do not serve the same watches every day.